

**2007 Youth Risk Behavior Survey
Montana High School
Trend Report**

<i>Injury and Violence</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Rode a bicycle and never or rarely wore a bicycle helmet during the past 12 months	92.0	87.5	86.8	85.1	83.4	82.3	83.8
Never or rarely wore a seat belt when riding in a car driven by someone else	31.9	32.0	23.1	19.8	17.8	13.9	14.2
Never or rarely wore a seat belt when driving a car				18.7	19.5	15.8	14.9
Rode in a car driven by someone who had been drinking alcohol during the past 30 days	48.1	46.6	43.1	39.3	36.9	34.4	32.9
Drove a car when they had been drinking alcohol during the past 30 days	27.4	26.7	22.7	21.8	20.4	18.5	16.0
Carried a weapon such as a gun, knife, or club during the past 30 days	22.6	23.8	20.3	21.4	19.4	21.4	22.1
Carried a gun during the past 30 days	9.4	9.8	8.6	9.0	8.7	9.0	7.8
Carried a weapon on school property during the past 30 days	12.4	12.4	9.2	8.7	7.2	10.2	9.7
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	2.8	4.4	3.0	5.5	3.4	4.2	4.2
Had been threatened or injured with a weapon on school property during the past 12 months	6.3	7.1	6.5	8.5	7.1	8.0	7.0
Had property such as their car, clothing, or books stolen or deliberately damaged on school property during the past 12 months					28.9	30.1	28.6
Were in a physical fight during the past 12 months	34.5	32.2	32.1	31.6	28.6	30.5	32.8
Were injured in a physical fight that required medical treatment during the past 12 months	3.9	2.9	3.7	3.6	3.4	3.6	3.7
Were in a physical fight on school property during the past 12 months	14.4	13.6	12.7	12.2	10.3	10.9	12.0
Were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months			10.5	10.3	11.7	10.9	10.6
Have ever been physically forced to have sexual intercourse when they did not want to				8.8	9.8	10.2	8.8
Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities during the past 12 months			25.9	26.6	26.4	25.6	25.8
Seriously considered attempting suicide during the past 12 months	21.8	23.9	18.6	19.4	18.9	17.5	15.1
Made a plan about how they would attempt suicide during the past 12 months	19.2	18.7	15.6	16.3	14.8	14.6	13.2
Actually attempted suicide during the past 12 months	8.5	8.4	6.7	10.4	9.7	10.3	7.9
Had a suicide attempt resulting in injury, poisoning, or overdose that required medical treatment during the past 12 months	2.8	2.4	2.5	3.7	3.0	3.1	2.7

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<i>Tobacco Use</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Ever tried cigarette smoking	72.8	73.4	70.3	66.5	61.0	55.4	52.1
Smoked a cigarette before age 13	26.0	26.1	24.7	25.0	20.7	17.6	14.7
Smoked a cigarette on one or more of the past 30 days ("current")	34.8	38.1	35.0	28.5	22.9	20.1	20.0
Smoked cigarettes on 20 or more of the past 30 days ("frequent")	16.8	19.3	18.0	14.9	10.8	8.8	8.1
Among current smokers, smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	13.2	12.1	11.5	12.6	10.8	7.7	7.7
Usually got their cigarettes by buying them in a store or gas station during the past 30 days				11.5	10.1	9.3	9.3
Smoked cigarettes on school property during the past 30 days	15.4	15.3	14.0	10.4	7.7	7.0	6.2
Ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days ("regular")				23.2	17.3	15.2	12.9
Among current smokers, tried to quit smoking during the past 12 months				65.6	60.9	60.4	55.0
Used chewing tobacco, snuff, or dip during the past 30 days	22.8	21.0	18.2	15.7	13.2	14.8	12.9
Used chewing tobacco, snuff, or dip on school property during the past 30 days	15.2	13.3	9.7	9.3	7.7	8.2	7.3
Smoked cigars, cigarillos, or little cigars during the past 30 days			20.4	14.8	14.1	17.6	15.5
Smoked cigarettes or cigars or used chewing tobacco, snuff, or dip during the past 30 days			45.0	37.7	30.9	31.4	30.0

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<i>Alcohol and Other Drug Use</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Had at least one drink of alcohol during their life	84.0	84.3	86.1	82.9	81.1	77.8	77.8
Had first drink of alcohol before age 13	39.3	38.8	33.4	35.1	30.4	27.8	25.9
Had at least one drink of alcohol during the past 30 days ("current")	58.2	59.0	57.6	54.1	49.5	48.6	46.5
Had five or more drinks of alcohol in a row during the past 30 days ("binge drink")	43.1	44.1	43.6	41.4	37.3	34.4	32.7
Had at least one drink of alcohol on school property during the past 30 days	9.8	8.4	7.2	6.9	6.7	6.4	5.7
Used marijuana during their life	35.0	45.1	45.0	46.7	43.9	41.7	39.1
Tried marijuana before age 13	6.9	9.7	11.8	12.3	11.0	11.2	9.5
Used marijuana during the past 30 days ("current")	20.1	26.9	25.5	27.1	23.1	22.3	21.0
Used marijuana on school property during the past 30 days	6.3	8.9	7.5	7.7	6.4	6.1	5.0
Used any form of cocaine during their life	6.1	9.6	9.8	9.4	8.7	9.5	8.3
Used any form of cocaine during the past 30 days ("current")	2.8	4.1	4.0	4.0	3.8	4.0	2.9
Used inhalants during their life	20.9	20.8	16.5	15.0	13.8	15.4	16.2
Used heroin during their life			2.8	4.0	3.2	3.6	2.5
Used methamphetamines during their life			13.5	12.6	9.3	8.3	4.6
Used ecstasy during their life					6.1	6.3	6.0
Took steroid pills or shots without a doctor's prescription during their life	3.7	4.2	4.1	5.3	4.7	4.4	2.8
Used a needle to inject any illegal drug into their body during their life	2.5	2.8	2.4	2.7	2.6	3.6	2.0
Were offered, sold, or given an illegal drug on school property during the past 12 months	29.6	34.6	30.0	29.5	26.9	25.3	24.9

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<i>Sexual Behaviors</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Ever had sexual intercourse	47.0	45.9	42.5	43.9	43.6	43.6	45.7
Had sexual intercourse before age 13	6.3	6.5	5.3	5.3	5.9	5.1	5.1
Had sexual intercourse with four or more people during their life	15.4	15.5	12.1	13.8	14.0	13.1	13.7
Had sexual intercourse during the past three months ("current")	32.2	31.5	29.2	30.7	29.9	31.2	31.2
Drank alcohol or used drugs before last sexual intercourse	30.2	30.4	34.5	32.0	33.7	29.4	26.0
Currently sexually active and used a condom during last sexual intercourse	53.9	48.6	56.6	57.5	59.6	61.3	63.3
Currently sexually active and used birth control pills to prevent pregnancy before last sexual intercourse	19.5	21.6	20.1	23.1	24.1	23.8	23.4
Had ever been taught about AIDS or HIV infection	91.1	93.2	91.2	90.2	88.1	90.0	89.7

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<i>Weight Management and Dietary Behaviors</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Were at risk for becoming overweight (i.e., at or above the 85 th percentile but below the 95 th percentile for body mass index)			10.8	11.3	11.6	12.8	13.3
Were overweight (i.e., at or above the 95 th percentile for body mass index)			6.2	6.1	8.1	9.3	10.1
Described themselves as slightly or very overweight	29.2	28.2	30.2	30.1	30.8	31.7	29.1
Were trying to lose weight	41.5	41.7	40.2	42.0	41.6	42.6	43.6
Exercised to lose weight or to keep from gaining weight during the past 30 days	53.5	53.2	58.0	60.1	60.2	59.7	61.4
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days			39.1	39.3	39.5	39.6	38.8
Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days			10.8	13.9	11.6	12.1	12.0
Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days			7.2	7.2	6.7	5.9	6.3
Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	5.6	6.9	4.8	5.4	6.0	6.3	5.6
Drank 100% fruit juices during the past seven days			85.1	83.4	81.7	81.3	82.2
Ate fruit during the past seven days			89.1	88.1	87.8	87.3	88.9
Ate green salad during the past seven days			76.2	74.8	72.3	71.9	70.4
Ate potatoes during the past seven days			80.0	78.5	77.1	73.1	73.8
Ate carrots during the past seven days			59.8	60.3	58.5	57.5	57.3
Ate other vegetables during the past seven days			87.5	87.3	85.2	84.7	85.0
Ate five or more servings per day of fruits and vegetables during the past seven days			19.5	19.4	16.7	17.0	17.1
Drank three or more glasses per day of milk during the past seven days			27.1	25.5	22.5	21.5	18.7

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<i>Physical Activity</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Were physically active for a total of at least 60 minutes per day on five or more of the past seven days						31.2	44.9
Watched three or more hours per day of TV on an average school day			24.4	23.5	25.3	26.3	22.2
Attended physical education (PE) classes on one or more days in an average week when they were in school	53.1	53.6	53.6	52.3	55.7	58.1	53.8
Attended physical education (PE) classes daily in an average week when they were in school	34.3	32.7	35.8	31.3	32.6	34.0	32.8
Played on one or more sports teams during the past 12 months			64.4	60.1	60.5	61.7	59.6

<i>Other</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Had ever been told by a doctor or nurse that they had asthma						18.9	20.9